



Masterclass in Circadian Rhythm Disorders

A two-day, online masterclass delivered by experts at
the University of Oxford

Day 1 –Tuesday

Time	Session Title
09.15 - 09.30	Welcome and Introductions
09.30 - 10.15	Circadian Regulation of Sleep
10.15 – 12.30	Measuring the Rhythm
13.30 – 15.30	Circadian Rhythm Sleep-Wake Phase Disorders
15.30 – 16.30	Keynote Lecture – Prof Russel Foster The past, present and future of circadian research
16.15 – 17.00	Q&A

Day 2 – Wednesday

Time	Session Title
09.15 - 09.30	Welcome
09.30 – 12.00	Circadian rhythm disorders in neurodevelopmental, neurodegenerative and psychiatric disorders
13.00 – 13.45	Treatment options
13.45 – 16.00	Diagnosis and Treatment - Case study sessions
16.00 – 16.45	Q&A

Program subject to change.

This masterclass does not confer a license to practice nor provide a formal qualification endorsed by the University of Oxford. It is your responsibility to ensure you practise within the boundaries of your existing professional certification/registration and competencies.